District 22 Quarterly News Letter

Here is the 2nd quarterly Newsletter for District 22 General Service

District 22 at a glance

Meets the 2nd Wednesday of the month, 7pm @ Vista Lutheran Church in St. Louis Park

Officer Reports

- Secretary Angelique P
- Treasurer Jack B
- Alt. DCM Jared H
- DCM Michelle G

Committee Reports

- Accessibilities OPEN
- Archives OPEN(Kyle A)
- CPC OPEN
- Corrections OPEN
- Finance Jack B
- Grapevine Patrick K
- Group Records Thomas D
- Literature Kyle A
- Newsletter Bob D
- Public Information Kira S
- Treatment Facilities Joseph L
- Website- Jim V

Here is a look at the current status of District 22...the list of Officers, as well as Committee Chairs. There are still some open Committees if you're looking to get involved.

This past quarter's events

General service Conference (April 23rd-29th)...

Meg H. the Area 36 delegate has been busy sharing her experience at this year's General Service Conference over the course of these last few months. There is too much to include in this District report, and if you are looking for a more extensive information go to Area36.org for additional information. But, I did want to include one comment which Meg made at the Area assembly...

"I have heard every delegate I've ever known and served with say something along the lines of being completely changed and spiritually transformed by the experience of being at the Conference and being in the room. I've always nodded my head hearing that, as I understand it intellectually, of course, with no real idea. I stand here to tell you that the conference is, like so much of Alcoholics Anonymous, transformational. God was in the room. And Tradition Two: For our Group purpose there is but one ultimate authority – a loving God as he may express

Himself in our group conscience. Our leaders are but trusted servants, they do not govern, was felt and embraced. I am not the same woman you sent off to the conference, but I feel I am better, and a better servant for you. I am humbled to serve you and deeply grateful."

Thank you Meg H. for your service!

29th Annual Serenity Breakfast (May 21st)...

The Serenity Breakfast was hosted by District 22's very own Minnetonka Big Book Study Group. This was the 29th Annual Serenity Breakfast, held on Sunday, May 21st at Minnetonka Community Center. A full breakfast was served from 8-10:30 to 369 people. This event uses many volunteers for everything from printing the tickets and flyers to clean up after the morning together. Bob D., from Las Vegas,

NV shared his experience, strength and hope. Additionally, 30 people attended just for the 10:30 speaker. While I was unable to attend this year, I have participated in the past. Because this event is part of District 22 there is always an opportunity to share fellowship & recovery with people you know. Thank you Minnetonka Big Book!

Gopher State Roundup XLVIII (May 26th-28th)...

The 48th Gopher State Roundup took place over Memorial Day weekend, and while it began in 1973 this was only the 48th roundup due to the pandemic. There was NO Gopher State Round up in 2020, and 2021. This year's theme SUN LIGHT of the SPIRIT...seemed appropriate with Spirit of the Roundup beginning to bounce back from the pandemic. I attended the roundup in-person in 2022, and while it was good to be back the spirit of the event was somewhat subdued. I believe 2022 was the first year in the history of the event in which you could attend virtually and hear the speakers online. This year's event felt more like roundups of the past with the energy/enthusiasm for roundup and recovery more palpable throughout the days & evenings. The announced attendance as of Saturday evenings first speaker was just over 5500, which is greater than 2022 by around 1500 people, but still short of the roundups record of over 8000 people. We really are blessed to have such an extraordinary event in our community! Every year I hear the speakers say "speaking @ Gopher State is a Big Deal". If you have never experienced the event, put it on your calendar for Gopher State XLVIIII...we will see you there. Thank you Gopher State!

Upcoming events...

Area Committee meeting, August, 5th online 9:30am-4pm

West Central Regional Forum: Garden Inn Missoula, MT (also online)

There are plenty of opportunities to be of service to the fellowship of Alcoholics anonymous...I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.

Bob D. District 22